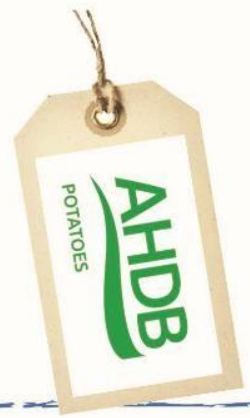


# GROW YOUR OWN POTATOES



## Knowing Potatoes

### Lesson 5: Visit to a supermarket

#### Children will:

- Expand and reinforce their knowledge of the different varieties of potatoes available, as well as the dishes and meals that can be made with them by visiting a supermarket.

Arrange a local supermarket visit and ask for a manager to be present to talk to the children about the potatoes in the store.

Brief the manager on the information the children will find useful, e.g. How many varieties of potato are available from the supermarket? Where are they sourced?

Check that it will be OK for the children to look around the supermarket to fill out their worksheets.

#### Introduction

Before the visit, explain to the children that they will be visiting a supermarket to find out more about potatoes.

You might like to list the questions the children would like to ask the supermarket manager in advance of your visit.

Look at the sheets you would like the children to use during their visit and ensure they are clear about what they will be doing. (See the sheets indicated below by the different ages.)

Talk through the usual health, safety and behaviour rules the children will be expected to follow during the visit.

You will also need to follow your school's trip procedures, e.g. parent/carer consent slips, risk assessments.

#### Task

Arrange the visit so the store manager can talk to the children when they first arrive, answer their questions and give the children a tour of the supermarket.

Organise the children into groups, as appropriate for their age, ability and safety.

Provide them with their worksheets and let them complete the tasks.

#### Ages 5-7

Give each of the children a copy of **Worksheet 9: Shopping trip**.

Before they complete this sheet, ensure the children have had a good look around different parts of the supermarket to find meals and dishes made from potatoes.

#### Ages 7-11

Give each of the children a copy of **Worksheet 10: Exploring potatoes**.

Ask the children to list four varieties of fresh potato then say what type they are (fluffy, salad or smooth) and how they could be cooked. They should also list four potato products, say how they have been processed and how they could be used.

#### Summary

When you get back to school, discuss the visit with the children.

Ask them to talk about what they have found out.

#### Why not...

- Take some photographs during your supermarket visit and create a display. Set up a cooking session and try one of the potato recipes.

*The potato salad recipe will be used in lesson 11, so you may wish to avoid using that recipe at this stage.*

