

# GROW YOUR OWN POTATOES



## Resource 1: Sensory stimuli

Sentence	Stimuli		Delivery
Hiding beneath the soil are perfect, plump, potatoes.	Potatoes in a bucket of loose soil, enough for one per student.	Touch	Hold bucket out to student and allow them, or support them, to reach into the soil and draw out a potato.
How do potatoes grow and get their energy?	Stretching and running arms.	Touch	Encourage students to, or support students to, raise and stretch their arms and then pump them vigorously as if running.
Potatoes need light to grow. So do !!	Light source, halved by yellow card cut into a sun shape.	Sight	Shine the light on the student's potato and then upon the student.
Potatoes need air to grow. So do !!	Breath	Touch	Breathe in dramatically, and breathe out onto the potato. Breathe in and encourage the student to breathe simultaneously, if they are not able to respond to such encouragement then time your breathing to theirs. Breathe out together.
Potatoes need water to grow. So do !!	Large bottle of water, glass, small watering can.	Taste	Pour water from the bottle into the watering can, and then the glass. Allow students, or assist students, to drink from the glass.
Potatoes need food to grow. So do !!	Student saying So do !!	Sound	So do !! repeats through the story, hopefully your students will join with all of them, the emphasis can grow with each repetition, so this one will be a shout!
Soil is a good source of food for potatoes. Not for me!	Soil	Touch	With support or independently: student pushes their potato into the soil. On 'not for me' they push the bucket away.
Potatoes are a good food for me. Cook them healthily.	Sound clip of boiling on PPT. Optional – pan water, cooker or toy cooker.	Sound	Click the sound icon to hear potatoes boiling. Optional – place potatoes in a pan of water on a cooker and pretend to cook them click the sound as you 'cook.'
Eat potatoes as part of a balanced diet.	Mashed potatoes.	Taste & Smell	Allow students to taste the potatoes. For students who cannot ingest food orally, let them smell the mash, whilst touching half a cooked potato against their tongue or lips.
Potatoes help me grow and give me energy!	Stretching and running arms.	Touch	Encourage students to, or support students to, raise and stretch their arms and then pump them vigorously as if running.

