

Welcome to Grow Your Own Potatoes 2019

The perfect way to educate children all about potatoes: where they come from, how they grow and how they fit into a healthy balanced diet.

**GROW YOUR
OWN POTATOES**
2019

Your 2019 GYOP kit box contains:

- 4x Rocket seed potatoes – 3 for the National competition and 1 to be used with the 'Beneath the Soil' project
- 3x Regional seed – variety varies depending on where you live
- 2x 36 Ltr HADO grow bags – these must be used to enter the growing competition at harvesting
- 1 built-in chitting tray – follow the instructions on the box and make chitting your seed potatoes easy
- All other support materials are available to download from the NEW-look GYOP website.



www.growyourownpotatoes.org.uk

AHDB

Get social with Grow Your Own Potatoes

This year, we plan to communicate more through social media. Follow us for:

- » Reminders about key dates
- » Hints and tips to help you get more from your potato plants
- » New resources
- » Video clips that will help bring GYOP alive in the classroom
- » Competitions
- » Share your successes and see what other schools are getting up to

 **@potatoesforschools**

 **@potatoes4school**



Want to know more about potatoes?

We've worked with *Food - a fact of life* to update all of our curriculum-linked resources.

These can be viewed on: www.foodafactoflife.org.uk